



Academic Reading List

Health & Social Care

Health & Social Care

To help prepare you for your studies, choose a selection of film/documentaries to watch to help broaden your understanding before your course starts in September.

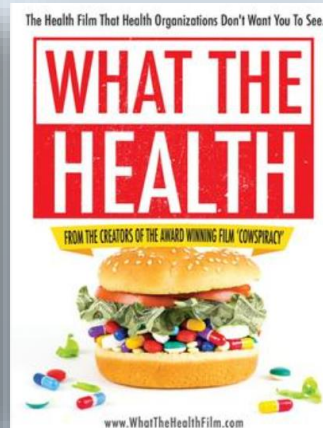
Please see the recommendations on the following pages

NETFLIX

Babies



What the Health



Louis Theroux:
Extreme love,
Dementia



Five Feet Apart



Brain on Fire



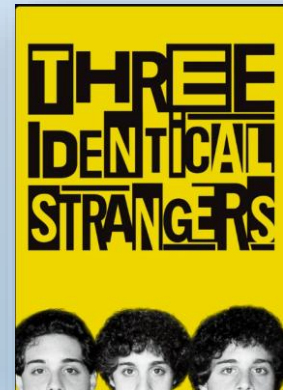
Theory of
Everything



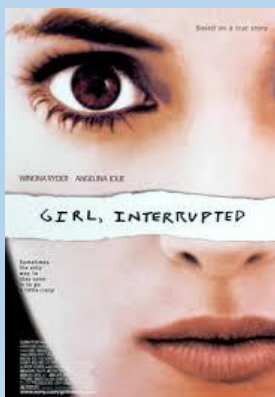
Humans;
Body Systems



Three identical
strangers



Girl, interrupted



Call the Midwife



13 Reasons Why



The Game
Changer (2018)



Recommended Watching for Health & Social

Not NETFLIX

Rhod Gilbert's Work
Experience

Katie Price;
Harvey and Me

Inside our Minds

Stacey Dooley 9-
5 Care Home

BBC iPlayer



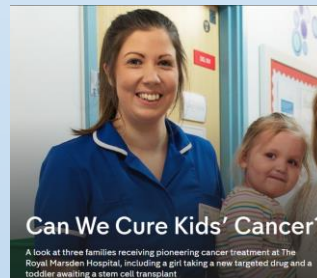
24 hours in
A&E

Born to be
different

The Royal
Marsden

Losing it: Our
mental health

All 4



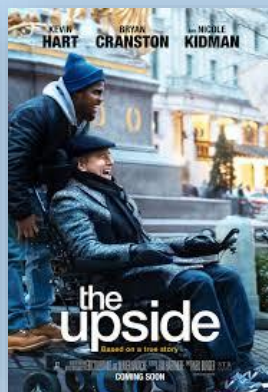
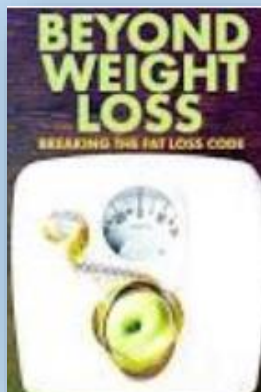
Beyond weight
loss

The Upside

ALLELUJAH

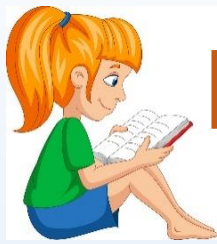
Miss you
Already

Amazon Prime



No Netflix paid account

Resources > <https://www.tes.com/teaching-resources/shop/HSCresources>



Dive into a book

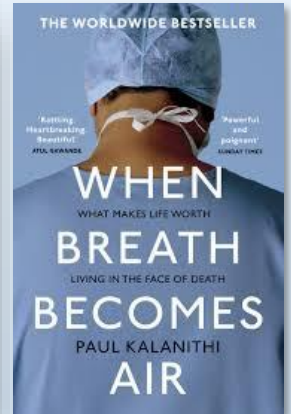
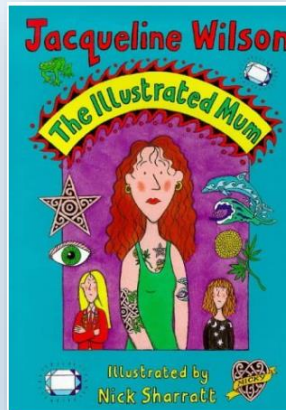
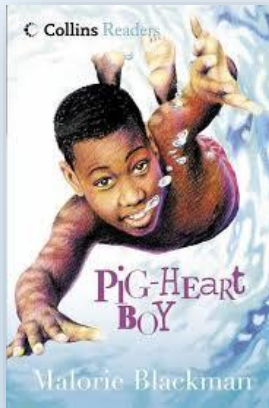


Pig Heart Boy by Malorie Blackman

The Illustrated Mum Jacqueline Wilson

This is Going to Hurt by Adam Kay

When Breathe becomes Air by Paul Kalanithi

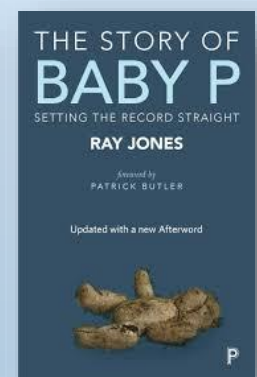
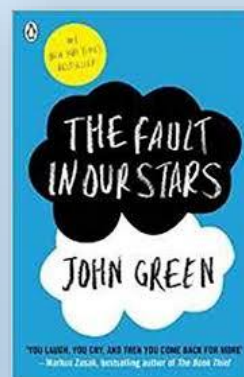
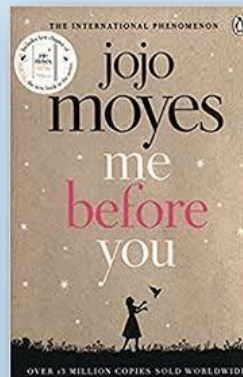


The Hate U Give by Angie Thomas

Me Before you by Jojo Moyes

The Fault in Our Stars by John Green

The Story of Baby P by Ray James

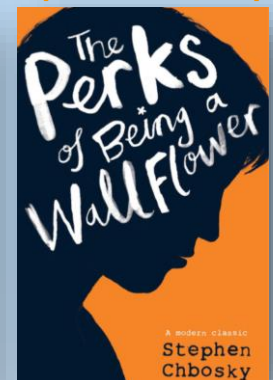
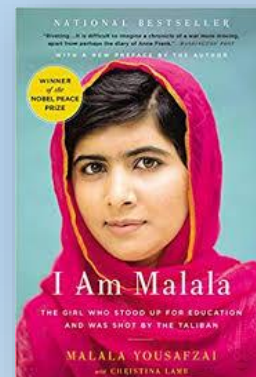


Katie Price; Harvey

The Language of Kindness by Christie Watson

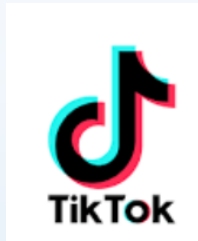
I am Malala by Malala Yousafzai

The Perks of Being a Wallflower Stephen Chbosky



Recommended Reading for Health & Social Care
Yes, some of these are also films, if you prefer!

Further Reading



Follow

Social Media

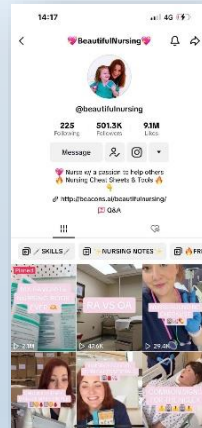


Follow

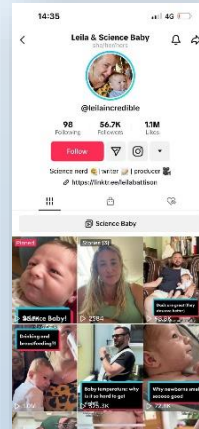
@midwifemama



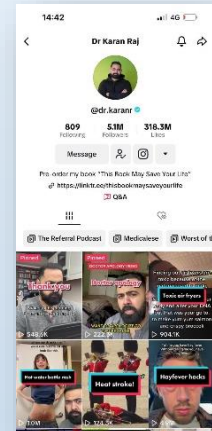
@beautifulnursing



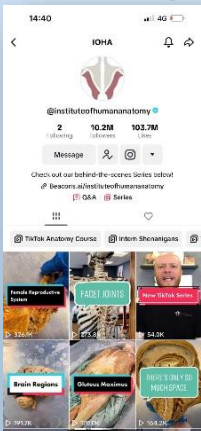
@leilaincredible



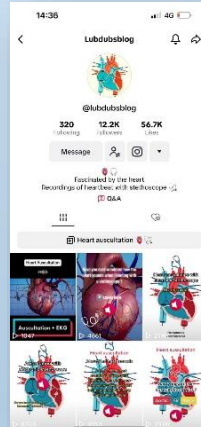
@dr.karanr



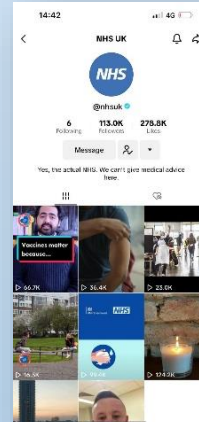
@instituteofhumananatomy



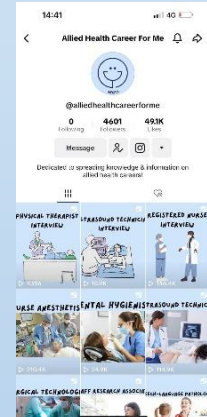
@lubdubsblog



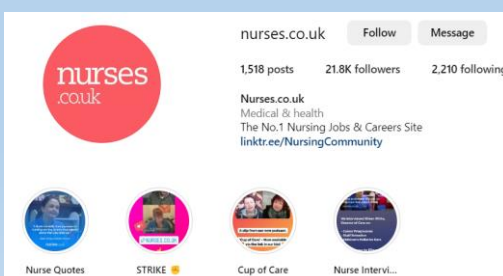
@nhsuk



@alliedhealthcareforme



Nurses.co.uk



@nursezara_uk



If you have any others, you think are good, let us know 😊

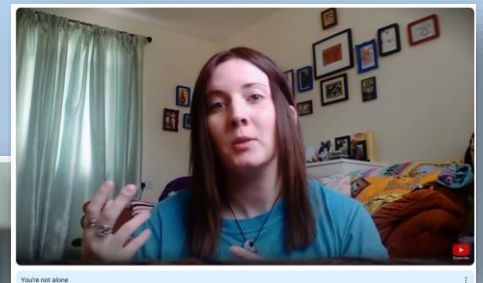
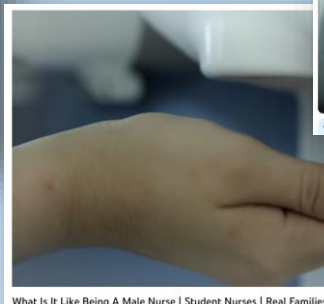
Health and Social Care in the Media



It is important to have a ***broad understanding*** of health care and social issues which affect services and professionals working for the NHS. One way of raising your awareness is to ***prepare you before your course*** starts with summer learning using different forms of media.

Your task is to pick...

- 2 Films
- 1 Book
- 2 Documentaries





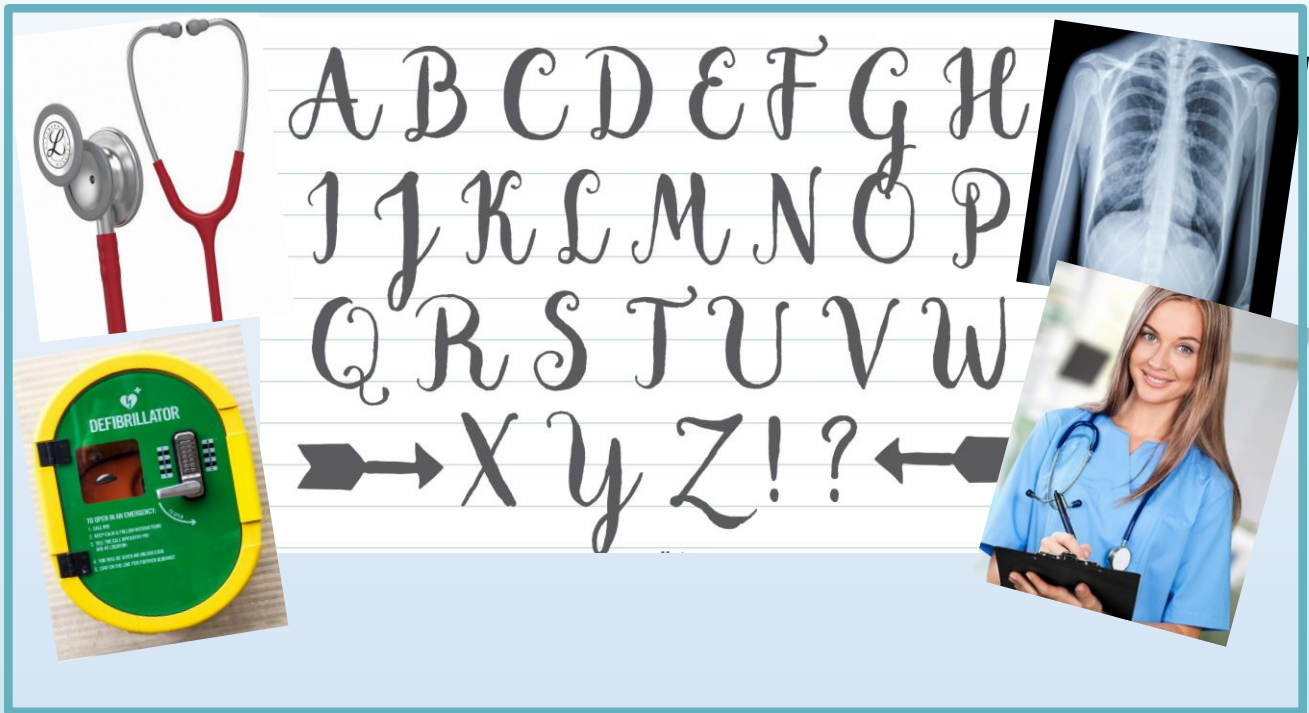
Task: Research and define the following words which are words you will need to use correctly. Then, end column summarise the term visually to help you remember it.

Term	Definition	Pic/image/draw
Adolescence		
Advocate		
Attachment		
Care package		
Safeguarding		
Discrimination		
Diversity		
Empathy		
Ethical		

GLOSSARY

Term	Definition	Pic/image/draw
Person-centred care		
Care values		
Holistic Approach		
Multi-disciplinary team		
Physiology		
Health and care legislation		
Risk Assessment		
Meeting people's needs		
Self-Esteem		

Research a list of Health and Social Care jobs/ medical terms for each letter of the alphabet



A
B
C
D
E
F
G
H
I
J
K
L
M

N
O
P
Q
R
S
T
U
V
W
X
Y
Z