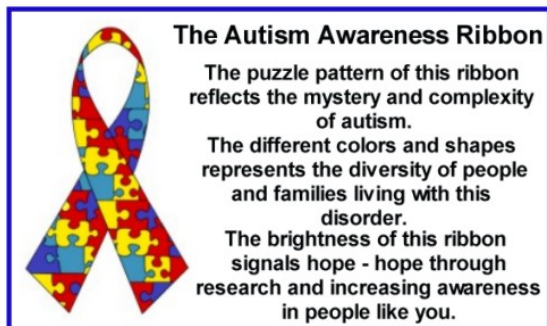


# Understanding Autism

A few helpful tips...

- If a child is struggling to make eye contact be accepting that it does not mean they are being rude.
- Know that if a child is screaming, acting out or refusing to speak they may be feeling distressed. Be patient, stay calm.
- Promote tolerance and accepting differences.
- Remember to include the parents of Autistic pupils in your play ground conversations. Often parents of Autistic children feel judged by other parents.
- Teach your children to celebrate and embrace differences.



Created by Suzanne Owen, Wales High School, September 2013

# AUTISM

## A Parents Guide

**A**lways

**U**nique

**T**otally

**I**nteresting

**S**OMETIMES

**M**YSTERIOUS



A Wales Learning Community Guide



**A**utism is a lifelong developmental difficulty which affects how a person communicates with and relates to other people. It also affects how they make sense of the world around them.

While all people with autism share certain difficulties, their condition will affect them in different ways. Some people with autism are able to live independent lives but others may have accompanying learning difficulties and need a lifetime of specialist support.

People often refer to the "Autistic Spectrum" which simply means that everyone that has Autism shares common difficulties. These difficulties include, in varying degrees depending on the individual...

- ◆ Communication difficulties
- ◆ Not understanding body language
- ◆ Repetitive behaviours
- ◆ Sensory issues
- ◆ Motor Issues

