



Cambridge National Level 2 Sport Studies

Wales High School - Year 9 Subject Options

Subject Content - What will you be doing?

- OCR LEVEL 2 in Sport has been designed to provide an engaging and stimulating introduction to the world of sport.
- The qualification builds on learning from Key Stage 3 for those who may wish to explore a vocational route throughout Key Stage 4.
- It also provides a good introduction to Sport for students in Post-16 education, and brings together learning at Level 2 to ensure that every student taking the qualification completes it with a level of understanding and skill on which to build at a later date.
- You will study a total of 3 units, with one being assessed externally via an online examination. The remaining 2 units will be assessed via written coursework and practical performances which will be marked and assessed internally by staff members. The units studied are outlined on the next booklet page:

Key Points about the Subject

Unit 1: Contemporary Issues in Sport

- Different user groups, barriers & overcoming barriers.
- Factors affecting participation.
- Sporting values.
- Olympic & Paralympics.
- Sporting values & initiatives.
- Sporting behaviour & performance enhancing drugs.
- Hosting major sporting events.
- The role of NGB's in developing sport.
- The use of technology in sport

Unit 2: Performance and Leadership in Sports Activities

1. Performance in 2 activities
2. Applying practice methods to improve sports performance
3. Organisation of a sporting activity
4. Delivering a sporting activity
5. Reviewing delivery of sporting activity

Unit 3: Increasing awareness of Outdoor and Adventurous Activities

- Provision of different Outdoor Activities (Coursework)
- Equipment, clothing & technology used in Outdoor Activities
- Considerations made when planning an Outdoor Activity session
- Demonstrating skills in outdoor Activities
- Evaluate participation in Outdoor Activities

Continued Overleaf...



Who can I speak to for more information?

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