



# Health & Social Care – 2hr Option

## NCFE CACHE Technical Award in HSC

### Wales High School - Year 9 Subject Options

#### Subject Content - What will you be doing?

Students complete three units of portfolio work and one scenario based short answer exam which covers the content from the three units.

#### Unit 1: Introduction to the Health and Social Care Sector

Within the unit students will explore different types of health, social provision available for individuals. Students will learn about different job roles of a range of health and social care practitioners. Students will also gain an insight into the ways different services work together to meet the needs of individuals at different life stages. Students will go on to explore barriers which may potentially prevent someone from accessing services and examine how care providers can overcome those difficulties so that individuals receive the care that they need.

#### Unit 2: Professional practice and the Health and Social Care Practitioner

Within this unit students will explore working practice in health and social care and discover how it is underpinned by the care values in order to provide person-centered care. The skills, attributes and behaviours needed by care practitioners and the importance of working within boundaries of the law. Students will also learn about different styles of relationships and how practitioners and agencies work together to meet the holistic needs of service users.

#### Unit 3: Human Growth and Development through the Life Stages

Students will learn about different life stages from birth all the way through to later adulthood. Students will look at the changes and different experiences individuals have through their lives and how these affect them physically, socially, emotionally and cognitively.

#### Key Points about the Subject

- Combination of theoretical elements and practical skills taught
- Research activities from a variety of sources
- Visiting speakers when appropriate
- Outside visits when possible

#### Who can I speak to for more information?

Miss L Hartley in the Health and Social Care Department  
Please email [lht@waleshigh.com](mailto:lht@waleshigh.com) if you have any questions.